

**BioBasics 2025**  
**May 30-June 2, 2025**

**Course Schedule**  
**(please note this is subject to change)**

**Updated 2/10/25**

**Friday, May 30<sup>th</sup>**

11am-12pm: Faculty Meeting

12:00pm-1:00pm: Registration for Course Participants and Lunch

1:00pm-2:00pm: Opening Lecture, *Concepts and Anatomy in Biodynamic Cranial Osteopathy* – Craig Goldberg, DO

2:00pm-2:45pm: *The Neutral Mind*, Lecture, Daniel Gibbons, DO

2:45pm- 3:00pm: Break

3:00pm-4:30pm: *The Neutral Mind*, Lab, Daniel Gibbons, DO

4:30pm - 5:00pm: *The Neutral Mind* - Post Lab Discussion

5:00pm - Adjourn

**Saturday, June 1<sup>st</sup>**

8:30am–9:30am: Panel Discussion: “ *Stillness and Primary Respiration*”

Panel Members: TBD

9:30am-9:45am: Break

9:45a,-10:30am: *Thinking Osteopathy*, Lecture, Evan Rubin, DO

10:30am-11:45am: *Thinking Osteopathy*, Lab, Evan Rubin, DO

11:45am-12:15pm – Break

12:15pm-1:00pm – *The Whole and its Parts*, Lecture, Noel Pense, DO

1:00pm– 2:15pm – *The Whole and its Parts*, Lab, Noel Pense, DO

2:15pm – Adjourn to Nature

**Sunday, June 2<sup>nd</sup>**

8:30am-9:30am: Panel Discussion: “*Tempo and The Tide*”

Panel Members: TBD

9:30am-9:45am Break

9:45am-10:30am: *The Zones*, Lecture, William McDougall, DO

10:30am-11:45am: *The Zones*, Lab, William McDougall, DO

11:45am-1:45pm: Lunch Break

1:45pm-2:30pm: *Direction of Ease*, Lecture, Elizabeth Caron, DO

2:30pm-3:45pm: *Direction of Ease*, Lab, Elizabeth Caron, DO

3:45pm-4:00pm – Break

4:00pm-4:45pm: *Perfect Health of the Embryo*, Lecture, Stephen Kisiel, DO

4:45pm-6:00pm: *Perfect Health of the Embryo*, Lab, Stephen Kisiel, DO

6:00pm - Adjourn

**Monday, June 3<sup>rd</sup>**

8:30am-9:30 am - Panel Discussion: “*Living Anatomy and The Health*”

Panel Members: TBD

9:30am-9:45am – Break

9:45am-10:30am – *Rebalancing*: Lecture: TBD

10:30am -11:30am – *Rebalancing*: Lab: TBD

11:30am-12:30pm - *Treatments by and for Faculty as needed*

12:30pm – Goodbyes and Hugs

\* NOTE\* The Saturday and Sunday afternoon schedules may be interchanged depending on the weather.

\* NOTE\* This is a *tentative* schedule. Any lecture or lab may be a little longer or a little shorter depending on the direction of The Tide. Which lecture and lab happen at which time may also be changed. *Fluidity* is an essential osteopathic principle.